

My skills



Length:
20-30 minutes

About this lesson

Students identify skills they're developing and rate their level of attainment before reflecting on skills required of careers that interest them.

Learning objectives

By the end of this activity, students will:

- add any skills they're currently working on and have attained to some degree to their **Skills** section on their **About Me** profile
- review, rate, and categorize their skills
- reflect on how their skills relate to potential future careers

Inquiry prompts

- What is a skill?
- Why is it helpful to recognize and keep track of your skills, even the ones you're just starting to develop?

Before you begin

1. Confirm that you're able to log in to your student demo account in Xello.
2. Ensure that students are able to log in to their accounts and access **About Me**.
3. Decide whether to take discussion notes with your class via a slide deck and project for students to view, or on a whiteboard in the physical classroom.
4. Create a Xello **Assignment**. This is where students will submit their reflections at the end of the activity.

Teaching strategies

- 1 Display the word "Skills", either on a whiteboard or a slide deck. Have a short discussion about what a skill is and pose the question: "What skills do you use every day without realizing it?" Students can think about something simple, like making a snack. What skills do they use then? (Examples: following instructions, measuring, problem-solving if something goes wrong etc.)
- 2 Give students five minutes to brainstorm additional skills they use every day without realizing it.
- 3 Have students share their skills with a partner.
- 4 From your student demo account, model going to your **About Me** page. Review the 6 **Skills categories** and add and rate a skill in your **My skills** section. Explain why you've rated it a 1, 2, or 3 stars.
- 5 Work together as a class to clearly define what each star level means. Feel free to use the following as a guide:

Materials required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers (optional)

Artifacts

Students:

- 3 Saved skills
- Skills reflection in a Xello assignment

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- 1 Star: Beginner - You're just getting started. You know the basics but need help or instructions to complete the task.
- 2 Stars: Rising star - You can do the skill on your own. You might still have questions or need some guidance, but you're confident and can get the job done.
- 3 Stars: Master - You've got this. You can do the skill on your own, help others do it, and even teach someone else how to do it.

6 As a class, walk through adding a couple of different skills and rating them to demonstrate how students can add and assess their own.

7 Allow students time to log in to their accounts and add and rate at least 3 skills.

8 Have students reflect on the following questions in the Xello **Assignment**:

- Why is it helpful to recognize and keep track of your skills, even the ones you're just starting to develop?
- How might these relate to careers you're interested in?