My Personality Styles

Length:
15-20 minutes

About this lesson

An introduction to the Holland Model's 6 personality styles and how they relate to core job tasks and workplace environments.

Learning objectives

By the end of this lesson students will:

- complete their **Personality Style** assessment and review their results
- reflect on their assessment results and identify core job tasks

Inquiry prompts

- What are the 6 personality styles and how do they relate to core job tasks and workplace environments?

Before you begin

1. Ensure that you are able to log into your student demo account in Xello and that you have taken the **Personality Style** quiz yourself. Have your results ready to share with your class.
2. Ensure that students are able to log into their accounts and access **About Me**.
3. Create a Xello **Assignment**. This is where students will submit their reflections at the end of the lesson.

Teaching strategies

1. Share your **Personality Style** results with the class. Ask students to take a few minutes to answer the following question: Now that you have seen my (teacher) **Personality Style** assessment results, how do you think these traits have supported me in my career?

2. Ask a few students to share their responses. Then share your own thoughts about how your personality traits have supported you in your career journey.

3. With your results still displayed to the class, read about the Holland Model and the 6 personality styles with students.

4. Direct students to access their **About Me** page and begin the **Personality Style** assessment. Once they've completed the assessment, have them click **View full results**.

5. Once they've read through their results, have them take some time to answer the following reflection question in the Xello **Assignment**:

   - Which of the 6 personality styles (Holland codes) did the assessment identify for you?

   - What are some job tasks that align with these traits?

   - What are your thoughts about your results?

Materials required

- Computers or tablets with Internet access

Artifacts

Students:

- will complete their **Personality Style** assessment and will review their results
- reflect on their assessment results and identified core job tasks

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