

# Transferable skills

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## Student instructions

How do your current experiences help you prepare for career related skills? The different tasks you do every day need a range of skills. Whether it's doing group work or helping cook dinner, you need to make use of a variety of skills. Many skills you are using and developing today will transfer to other future experiences, including your career. Complete the following for 3 saved careers:

- 1 At the top of the profile, choose an emoji to indicate how you feel about this career.
- 2 Take a look at the skills used by reviewing them within the **Find out why** area of the career profile. Note down 1 skill you are actively practicing today and 1 you desire to work on more.
- 3 Within the **My notes** section at the top of the career profile, record reflections for these 2 skills:
  - Explain how you are practicing one skill today, and how you think it could transfer to this career.
  - Identify one skill you'd like to develop further, and explain one type of opportunity you could pursue to explore and develop this skill.