

## Re-Evaluate my interests

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### Student instructions

Knowing your unique combination of interests can help you determine careers that will most likely suit you. Even if you don't think the interest is worth pursuing beyond high school, investigating related opportunities may uncover opportunities you hadn't considered before.

- 1 Access your **Interests** card on your **About me** profile in Xello. Add to and update your list to reflect your relevant interests. Consider both current and upcoming experiences. You may also want to explore the **Interests categories** for suggestions. Make sure you have added at least 5 interests.
- 2 For each of your top 3 interests, find and save one career it relates to. Hint: enter your interests in the search field or use the **Career clusters** filter to help you explore options related to your interests. If you find a postsecondary program that connects to your interest, look at the list of **Related careers** and investigate those you'd like to know more about. You may also want to save the program for future reference.
- 3 For each career you save (total 3), review the career profile and then select an emoji to identify how you feel about the career.
- 4 Within the **Likes and dislikes** card for each career, identify one problem you'd get to solve that's part of this interest-related career. For example, if you had an interest in writing and saved the career Advertising Copywriter, a problem you might like solving in this career is finding the best way to deliver a client's message.